

Useful Contacts

This section provides information about who to contact if you have any concerns about the safety or welfare of a child, young person or adult at risk. If you need **to make an allegation or disclosure of abuse, or have serious concerns** about the safety of a child, young person or adult at risk, you should **immediately contact the police or the relevant children's services / adult services department** (see below):

	Children's Services – daytime number	Children's Services – out of hours number	Adults at Risk – daytime number	Adults at Risk – out of hours number
Gateshead	0191 433 2653	0191 477 0844	0191 433 7033	0191 433 7033
Newcastle	0191 277 2500	0191 278 7878	0191 278 8377	0191 278 7878
North Tyneside	0345 200 0109	0330 333 7475	0191 643 2777	0191 200 6800
Northumberland	01670 536 400	01670 536 400	01670 536 400	01670 536 400
South Tyneside	0191 424 5010	0191 456 2093	0191 424 6000	0191 456 2093
Sunderland	0191 561 7007	0191 520 5552	0191 561 8934 or 0191 561 8936	0191 520 5552

If your concern is regarding something that takes place/took place **within a facility** e.g. a leisure centre, you should inform the facility so that they can follow their own safeguarding policies and procedures.

If you have a concern that is not serious and does not require immediate action, your first point of contact could be the relevant club's/organisation's safeguarding officer/welfare officer. Alternatively, you may wish to speak to the relevant children's/adult services department, or one of the contacts listed below, for advice and support.

If you have a concern related to poor practice, please speak to the relevant activity organiser.

Other Useful Contacts

NSPCC

Help for adults concerned about a child: 0808 800 5000 (free service) / help@nspcc.org.uk

Website: www.nspcc.org.uk

Help for children and young people: 0800 1111 (free service - Childline)

Website: www.childline.org.uk (you can send emails via this link too)

NSPCC Child Protection in Sport Unit (CPSU)

Tel: 0116 366 5580 / cpsu@nspcc.org.uk

Website: www.thecpsu.org.uk

Ann Craft Trust (responsible for safeguarding adults at risk)

Tel: 0115 951 5400 / ann-craft-trust@nottingham.ac.uk

Website: www.anncrafttrust.org

National Governing Body Lead Safeguarding Officers

Please visit the CPSU website (<https://thecpsu.org.uk/help-advice/deal-with-a-concern>) and click on the 'contact your national governing body' tab on the left hand side to find the contact details of the relevant officer.

Rise (Active Partnership)

Lead Safeguarding Officer (for Children, Young People and Adults at Risk)

David Marrin

Tel: 07791 931 922

E-mail: david.marrin@wearerise.co.uk

Deputy Safeguarding Officers (for Children and Young People)

Louise Laws & Amy Katz

Tel: 07966 324 405 and 07966330309

E-mail: louise.laws@wearerise.co.uk and amy.katz@wearerise.co.uk

Deputy Safeguarding Officer (for Adults at Risk)

Adam Brougham

Tel: 07791 931 681

E-mail: adam.brougham@wearerise.co.uk